

## Italian Style Hamburgers

1 pound chopped chuck (or whatever hamburger grind you prefer)

1 cup puffed rice

OR if you have left over cooked rice—1 cup of cooked rice

3 cloves garlic, chopped—diced if you want a less strong taste

Parsely—flat, one handful, roughly chopped

Basil: dried—1 tablespoon; fresh 4-5 leaves chopped fine

Salt/pepper to taste

Mix all ingredients in a bowl with hands

Fashion plump patties from the mixture

Fry over medium heat—pouring off excess fat as necessary—until brown on one side;  
repeat for other side—about 10 minutes per side

Serve

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