

Meatball Soup

1-1 1/2 pounds hamburger
2 medium yellow onions, 1 chopped; 1 quartered
1 handful of parsley, washed, chopped
2 cloves garlic chopped(optional)
4 carrots, cut into one inch rounds
1 can peas
Water—4 quarts
Salt and pepper to taste

Meatballs

Take chopped onion, garlic, parsley and mix together with hamburger meat.
Salt and pepper
With your hands, roll teaspoon sized portions of mixture into balls and place in soup pot with heat on medium high
When all meatballs finished, add quartered onion and turn heat to high
Stir—without breaking meatballs
Add about 4 quarts of water and bring to a boil on medium high heat

When pot begins to boil start skimming fat off the top (frothy looking)
After ten minutes, add carrots rest of onions and turn down heat to simmer
Simmer approximately 45 minutes
Turn off heat and add can of peas
Stir

Add rice or pasta or rice pasta(!) and serve